



## Third Eye Awakening for Beginners: 10 Steps to Activate and Decalcify Your Pineal Gland, Open the Third Eye Chakra, and Increase Mind Power Through Guided Meditation (Paperback)

By Kate O Russell

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. For ages, humans have pondered the meaning of life, and their purpose here on this Earth. While no single answer to this question exists, we do know that we are each individually connected to the energies of the universe. The state of our lives is highly dependent on how we utilize that energy, and how well we understand our inner selves and our connection to the bigger picture. Becoming more enlightened and aware of our place in the universe, the alignment of our individual energy and the careful emission of positive energy into the system is responsible for our wellness outcomes. Learning how our individual energy works and making adjustments where necessary can make exponentially great changes in the trajectory of our existence. A life full of stress, misfortune, and bad luck can quickly be relieved by listening to your inner self, the intuition, the third eye, within you. Learn to harness the power within to make positive changes to your circumstances. This requires a great deal of focus, mental prowess, and commitment, but it can be done. Key Concepts Discussed...



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*Great electronic book and useful one. It can be writter in straightforward terms rather than difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

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