



## Soul Self: How to Tame Your Mind, Uncover Your Blueprint, and Live Your Soul Purpose (Paperback)

By Jack Stephens

Soul Self Living Publications, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In Soul Self: How to Tame Your Mind, Uncover Your Blueprint, and Live Your Purpose, transformation coach Jack Stephens explains, with crystal clarity, how to bring your Soul, ego-mind and body into balance and alignment, and gives wisdom seekers practical tools to make lasting change for a brighter life. Divided into three clear sections, Distinguishing Between the Ego and Soul, Finding Your True Voice, and Being Your Self: Acting On Your Soul's Direction, Soul Self offers valuable insight into how to access and embody higher states of awareness, turn knowledge into wisdom, and shift from ego-driven to Soul-guided living, creating greater happiness and prosperity. Jack Stephens Soul Self engaged me with wisdom I found throughout the pages. He starts off with a wonderful and instructional analogy about a horse and its rider (as it relates to your personal journey through life). Then a few pages later you get to Pebbles: A Fable. This simple, powerful story is worth the price of admission alone. The wisdom in just these three pages will do wonders for your spiritual journey if practiced! Soul...



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