



## Get Your Swing in Gear

By Rob Bernard

AUTHORHOUSE, United States, 2009. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Rob -Thanks for the great lesson. I progressed further in 30 minutes with you than I have in the last three years of trying to teach myself and by reading all the confusing information out there. Being a sports medicine expert I can also say that your method is very back friendly and biomechanically sound. Keep spreading the word. - Dr. Ron Spallone COG is Simple, Accurate, and Easy to remember. It Straighten out the slice I had for years and dramatically improved my short game. - Kevin Jordan - Entertainer/Comedian, The Ice House Your instruction helped me to set a NEW COURSE RECORD! Being 62, you can only imagine the fanfare and recognition I received by shooting only 1 shot off my age! I appreciate your tips and I use your great system every day! - Don Forrest Robs COG System stabilized my golf swing instantly resulting in consistent and crisp ball striking. Not only did it help me shoot a 68 in my last competitive round, I use his system every day to help my...



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